

基督教家庭服務中心的使命是服務有需要人士，並致力促進家庭功能。本會透過十個核心服務及二項特別服務和多個創新服務計劃，為社會大眾提供多元優質服務，實踐機構使命。

在兒童及家庭服務方面，活力家庭坊(綜合家庭服務)與其他綜合家庭服務中心參與香港大學領導的「賽馬會智家樂計劃」，全面以資訊科技來處理服務數據，並藉分析數據來優化家庭服務的運作。在學前教育方面，本會的楊蔡慧嫻紀念幼稚園已於2018年7月完成裝修，10月正式收納新生。

在長者照顧服務方面，自本會於2017年引進台灣「自立支援照顧」模式並應用於院舍及日間護理中心後，我們致力推行「零約束、零尿布、零臥床」的照顧，在改善長者的生活質素方面取得不錯的成績。去年，我們持續為員工提供「自立支援」照顧模式的培訓，並逐漸將模式推展至家居照顧服務。在支援認知障礙症患者方面，本會在2018-2019年獲得多個基金資助，著力在鄰舍層面建立一個認知障礙症友善社區。

在推動積極樂頤年方面，本會的50+悅齡服務推出「50+創豐盛」計劃，首創支援50+人士創業的初創平台。計劃自2018年初推行至今，已有接近200位50+人士參與創業培訓課程。第一屆成功培育48位50+人士成為「社會創新者」，組成8隊創業隊伍，開展他們的創業旅程。

在基層醫療方面，本會「土瓜灣牙科診所」於2018年7月參與衛生署的「護齒同行—智障人士牙科服務計劃」；同年9月，獲得社會福利署資助，在九龍東及深水埗兩區推行「院舍外展醫生到診服務」，為私營院舍的長者及殘疾院友提供醫生外展支援。透過各項新服務，我們積極在社區提供一個較全面的基層醫療網絡。

在2018-2019年，本會在殘疾人士服務方面有較大幅度發展。包括投得「私營殘疾人士院舍外展服務試驗計劃」(香港及九龍區)的服務合約，以跨專業團隊模式為26間私營殘疾人士院舍提供支援服務。此外，我們也投得啟能綜合康復服務大樓內的4項新服務，包括一所綜合職業康復服務中心、一間中度弱智人士宿舍、一間嚴重肢體傷殘人士宿舍和一間殘疾人士輔助宿舍。新服務將於2019年底陸續啟用。由於服務增長迅速，殘疾人士服務在未來一年將會重組管理架構。

在精神健康服務方面，本會得到社區投資共享基金的贊助，於2018年6月在將軍澳區推行「愛心同行，將軍澳展關懷」計劃，加強社區對受精神困擾學生的支援。我們亦在社交媒體提供網上情緒教育及支援服

The mission of Christian Family Service Centre is to serve the people in need and to support family functioning. Through 10 core services and 2 special services, plus various innovative projects, we strive to achieve our mission with a wide spectrum of quality services.

In the year 2018-2019, the Family Energizer (Integrated Family Service) participated actively in the "Jockey Club Smart Family Link Project" led by The University of Hong Kong. The project was designed to enhance the service operation through the use of ICT and data analytics. In the area of pre-school education, the fit-out work of the Yeoh Choy Wai Haan Memorial Kindergarten was completed in July 2018 and the Kindergarten started enrolling students in October.

For the Elderly Care Services, since the adoption of the "Empowerment in Care" model from Taiwan in 2017, we were dedicated to implement the "No Restraint, No Diapers and No Bedbound" practices in our residential care homes and day care centres. Great improvement was observed in the elders' quality of life. Last year, continuous effort was put to train our staff on model implementation and the model was extended to elderly home care settings. In supporting elders with dementia, we obtained several project funds in 2018-2019 which helped us a lot in building a dementia friendly community.

In promoting active ageing, we have initiated the "Jockey Club 50+ Startup Project" which aims at creating a platform for people over 50 years of age to develop their startup business. Since the Project launched in 2018, nearly 200 "50+" have participated in the startup business training and many of them teaming up to formulate business proposals. 8 winning teams consisted of 48 "50+" entrepreneurs were selected to start their entrepreneurial journey.

For the Medical and Health Services, our Tokwawan Dental Clinic participated in the "Healthy Teeth Collaboration" Project in July 2018 to provide free dental services to persons with intellectual disabilities. In September 2018, we were granted by the Social Welfare Department to operate the "Visiting Medical Practitioner Service for Residential Care Homes" in the Kowloon East Cluster and Sham Shui Po District. Medical practitioners paid regular visits to the residents in private residential care homes. Through participating in these new services, we acquire more capacity to provide a comprehensive primary care network service in the community.

In 2018-2019, we experienced a significant growth in the Services for People with Disabilities. Firstly, we obtained a Social Welfare Department contract to operate the "Pilot Scheme on Professional Outreaching Team for Private Residential Care Homes for Persons with Disabilities" from March 2019 to support 26 institutions' residents and carers.

務，受到廣泛關注。此外，同工亦總結工作經驗，把10個真實個案結集成書，與業界分享精神康復服務的經驗。

在支援貧困家庭及匱乏社群方面，社區發展服務獲香港公益金資助，於2018年6月開展「外展支援及網絡劏房住戶」計劃，透過外展洗樓發掘隱蔽劏房戶，為居住在劏房的基層家庭提供實質支援。「賽馬會新屋邨支援服務」將在2019年中完結。總結三年的服務，成效令人鼓舞，計劃亦入選香港社會服務聯會2019年度「卓越實踐在社福獎勵計劃」，成為十大卓越服務之一。安達邨的新屋邨支援服務即將完結，我們得到香港賽馬會慈善信托基金的支持，將在未來四年，在深水埗區推行同樣計劃。

在環保工作方面，鑑於香港人每日使用紙巾及抹手紙數量驚人，本會與手帕集作分別於2018年4月及2019年5月發起「無紙巾日」，推動市民減少用紙巾。此外，心靈綠洲獲優質教育基金撥款，為10間小學推行「園藝治療學童支援計劃」，協助專注力不足及過度活躍的學童，改善他們的日常社交及學習。

2018-2019年是碩果累累的一年。我要感謝本會員工，在壓力的環境下，仍能努力不懈，互讓互諒，保持服務社會的熱誠，而且創意無限，成績超前。我也很感謝董事會過去一年的支持和指導，在資源上讓我們能夠順利推行各項事工，及在多方面對員工工作出支持，十分感謝。



Secondly, we successfully bid four new services in the new Kai Nang Rehabilitation Complex, including a Supported Hostel for Mentally / Physically Handicapped Persons, a Hostel for Moderately Mentally Handicapped Persons, a Hostel for Severely Physically Handicapped Persons and an Integrated Vocational Rehabilitation Services Centre. New services were planned to commence soonest at the end of 2019.

For the Mental Health Services, with the support from the Community Investment and Inclusion Fund, we started a service project "Collaborate Care and Support for Students' Mental Wellness in Tseung Kwan O" in June 2018. We also started to use social media such as Facebook to provide online psychoeducation and emotional support. In addition, a casebook was published to share our helping experience through the live stories of 10 real cases.

To support the vulnerable groups in the community, the Community Development Services kick-started a new service in June 2018 to outreach and network people living in subdivided units and to provide them with necessary assistance. The Jockey Club New Estate Support Programme which started in 2016 in Kwun Tong will be completed in mid-2019. The social impact assessment study on the project is encouraging and the Project was recognised by the Hong Kong Council of Social Service's "2019 Best Practice Awards in Social Welfare" as one of the ten best practice services. With further support from HKJC Charities Trust, the Project will be duplicated in Sham Shui Po District in the coming 4 years.

For the Environmental Protection Services, we launched the "No Tissue Day" campaign first in April 2018 and consecutively in May 2019. Tissue paper is categorised as the second largest waste category in Hong Kong and our habit of using tissue papers can be changed. For Horticultural Therapy Service, we obtained a funding from the Quality Education Fund to provide horticultural therapy to support students in 10 primary schools who suffer from emotional disturbance.

2018-2019 is a busy as well as a fruitful year for CFSC. I would like to thank my staff who, amid the increased workload and stress, works diligently with high standards and passion, and out-perform work requirement with much creativity and innovation. I would also like to thank our Board members for their support, trust and guidance, and especially on the resources we need to work things out.

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